

# Welcome to St. Alban's



We are glad you are here. In welcoming you, we welcome Jesus. We pray your experience here offers food for your journey. Peace to you and welcome!

If you are new, please fill out a Connections Card with the ushers.

## Hospitality Blessing

Holy Spirit, living within us, guide our hearts and minds as we welcome today all those who worship with us at St. Alban's. Give us discerning hearts so that everyone who crosses our threshold feels welcomed in the spirit of your love. Help us to recognize each person as an individual sent by you who will enrich our lives. And most of all, O God, let this be a place of love and acceptance of all of your children; in the name of your Child, our Savior, Jesus Christ. *Amen.*  
*(from Women's Uncommon Prayers)*

## Communion

If you are a baptized Christian of any tradition, we encourage you to receive communion.

- To receive a blessing only, cross your arms across your chest and the priest will bless you.
- To receive a gluten-free wafer, put one hand on top of the other, with palms facing each other.
- To receive bread but not wine, cross your arms across your chest after you've received the bread. The chalice bearer will say, "The blood of Christ, the cup of Salvation" but will not direct the cup to you.

*Please Inform an Usher  
if you would like Communion brought to your seat.*

## Blessings

*Blessings take place after the Passing of the Peace.*

### Birthday Blessing

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes all understanding abide all the days of their life; through Jesus Christ our Lord. **Amen.**

### Anniversary Blessing

O gracious and everliving God, look mercifully on these your servants. Grant them your blessing, and assist them with your grace, that with true fidelity and steadfast love they may honor and keep their promises and vows; through Jesus Christ our Savior, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

### Blessing for Travelers

O God, whose glory fills the whole creation, and whose presence we find wherever we go:  
Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end;  
through Christ our Lord. **Amen.**